

**Share Your
Life's
Journey
With Me,
Dad**

**A GUIDED JOURNAL AND
MEMORY KEEPSAKE**

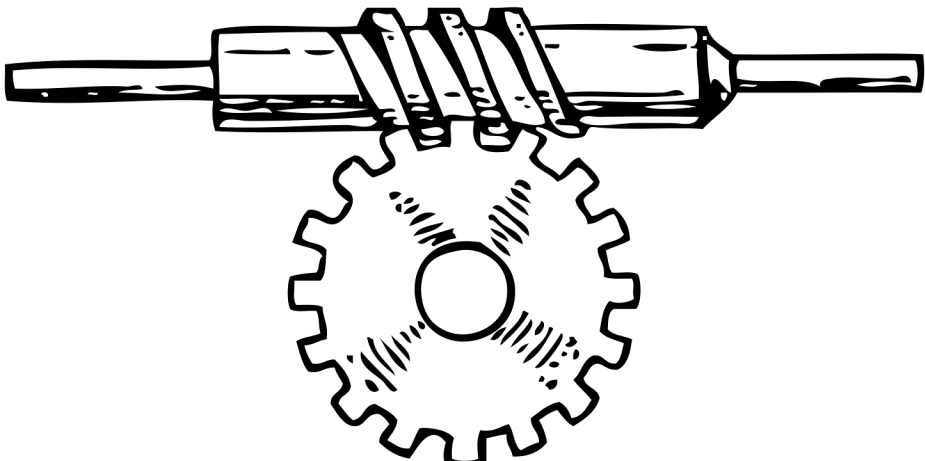
Scat Cat Publishing

This Book Belongs To

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Chapter Four: Adult Years



What was the most surprising thing about fatherhood?

How did becoming a father change you?

Were you a working father or a stay at home dad?

What did you find most challenging about raising children?

Describe a moment when you felt really proud of your family.

How do you feel about your children's parenting styles?

Describe a family tradition you hope your children will continue.

What's your most memorable moment as a father?

What advice would you give someone about to become a parent?

Were you active in a church?

Did you volunteer at your child's school?

Join PTA?

Substitute teach?

Coach any sports your child was involved in?

If you had to rate yourself as a parent what score would you give yourself? Circle a number.

0 1 2 3 4 5 6 7 8 9 10

Explain why?

What has fatherhood taught you about yourself?

What is the best advice your
mother or father ever you?

Did you take it? Yes or No Why?

What's the hardest part of being a
father?

Were you adopted?

Who are your birth parents? Have you met them?

Do you have any biological siblings, and if so, who are they? Where do they live?

