

**Share Your  
Life's  
Journey  
With Me,  
Mom**

**A GUIDED JOURNAL AND  
MEMORY KEEPSAKE**

Scat Cat Publishing

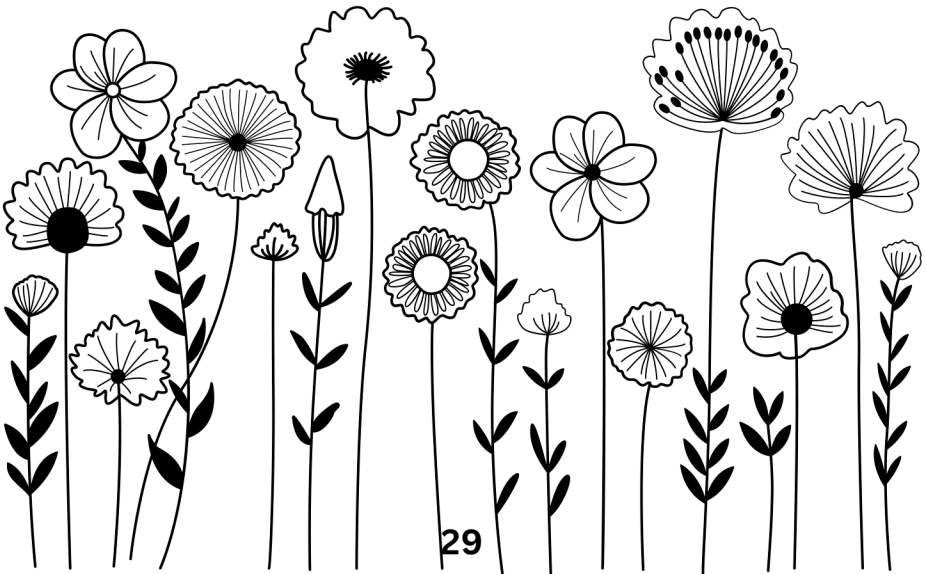
*This Book Belongs To*

---

# Table of Contents

This Book Belongs to	3
Introduction	5
Chapter 1: Birth	7
Chapter 2: Early Years	11
Chapter 3: Teen Years	21
Chapter 4: Adult Years	29
Chapter 5: Genealogy	57
Chapter 6: Relationships	65
Chapter 7: Memorable Milestones	71
Chapter 8: Trials & Triumphs	77
Chapter 9: Beliefs & Values	83
Chapter 10: Wisdom & Insights	89
Chapter 11: Dreams & Aspirations	93
Chapter 12: Reflections	99
Chapter 13: Military Service	107
Chapter 14: Fun & Quirky	119
Conclusion	131
Review	132

# Chapter Four: Adult Years





What was the most surprising thing about motherhood?

How did becoming a mother change you?

Were you a working mother or a stay at home mother?

What did you find most challenging about raising children?

Describe a moment when you felt really proud of your family.

How do you feel about your children's parenting styles?



Describe a family tradition you hope your children will continue.

What's your most memorable moment as a mom?

What advice would you give someone about to become a mother?



If you had to rate yourself as a parent what score would you give yourself? Circle a number.

0 1 2 3 4 5 6 7 8 9 10

Explain why?

What has motherhood taught you about yourself?

What is the best advice your mother ever gave you?

Did you take it? Yes or No Why?

What's the hardest part of being a mother?

Were you adopted?

Who are your birth parents? Have you met them?

Do you have any biological siblings, and if so, who are they? Where do they live?



